

CAU Inter Counties Cross Country Champs 2015

Junior and Senior Mens Team

Report to AGM by Colin Goater – Team Manager

Perhaps not the strongest teams we have had in recent years but some excellent performances by members of both teams.

In the Senior event the first Hampshire runner was Alex Teuten (City of Portsmouth) 19th. The team finishing 8th from the 31 teams.

In the Under 20s the team finished in 10th place with the top 3 Hampshire Runners Calum Upton (Winchester) Matthew Arnold (AFD) and Abdi Mahamed (Southampton) finishing within 17 seconds of each other.

Full details are on the Hampshire Athletics website.

It is worth mentioning that the actual courses although still at Cofton Park were far more challenging than in recent years now taking in more energy sapping hills.

An enjoyable day and many positive comments made by our runners afterwards.

A big thank you to Richard Dean and Dave Vosser for all their hard work.

Colin Goater