

C.A.U. INTER-COUNTIES / ENGLAND AAA CHAMPIONSHIPS
Bedford 1st / 2nd August 2015

Dry and blustery conditions greeted the competing athletes on both days of these Championships, which for the first time incorporated the newly resurrected England AAA Championships.

This format, along with a change to an earlier weekend date, was implemented to improve the number of competing athletes - but in many ways defeated the object. The last minute ambiguity of the programme, with events confusingly being listed on different days – caused many athletes from all across the UK, to have to withdraw.

The small Hampshire Women's team still gave a good account of themselves. On the track, U17 Mair Edwards (Basingstoke) competing for the first time in a Senior competition sprinted to 3rd place in the 100m heats stopping the clock at 12.01sec, and then went on to take 5th in the semi-final with 12.07sec. She was join by U20 Amy Teal (Soton) who ran 12.56se for 7th in her heat.

Natalie Whitty (Guernsey Is) doubled up in the middle distance, posting 6th place in the heats of the 800m heats, and 10th in the 1500m heat, whilst Corin Bearpark (Havant) came 7th in her 800m heat.

Louise Small (AFD) ran a controlled 4.26.63 for 4th spot in her heat of the 1500m, but unfortunately just missed out on the medals in the Final, clocking 4.28.42 for 4th place.

The 5000m saw Laura Brenton (Soton) and Hannah Howard (Eastleigh RC) finish 12th and 13th respectively

In the Field, Freya Jones (Soton) launched the Javelin out 52.05m to win her qualifying pool, before going on to take Silver in the final with 50.03m.

Whilst Phoebe Dawson (B'mouth) comfortably won her Discus pool with 48.09m, taking Bronze in the Final with a throw of 48.15m.

(Out of the 35 Counties and Regions)

**Overall, the Hampshire Ladies finished 9th in the CAU Division 1
(Aggregate 6th with the Men's Team)**

1. Yorks	82
2. Surrey	56.5
3. Essex	55
4. Sussex	49
5. Kent	48
6. Middlesex	34
7. Berks	30
8. Avon & Somerset	27
9. Hampshire	20
10. Herts	20
11. Bucks	10
12. Warwickshire	5

David Churcher
(Team Manager)

SENIORS - 8-COUNTIES MEETING – K2 Crawley – 12th July 2015

A good contingent of Channel Island athletes fresh from their Island Games exploits, pleasingly added their support to the Hampshire Women's Team that competed at the K2 Stadium in Crawley - overcast and chilly conditions prevailed throughout the day.

In the sprints – running into a slight headwind, Michaela Ginger (Win) came 6th in both the 100m and 200m A strings, with Katrina Lindsay (Jer Sp) recording 4th in the 100m B, and 2nd in the 200m B.

The 400m was covered by Corin Pearpark (Havant) 3rd in the A string, with Helen Butler-Day (Jer Sp), also 3rd in the B.

Claire Lidster (CI) took 4th place in the 400m Hurdles A and 5th spot in the 100m Hurdles A, with Kamela Monks (Jer Sp) teaming up to take 3rd in the 100m Hurdles B

In the middle distance – respectable 2nd place finishes were posted in the 800m by both Corin Bearpark in the A string, and Lucy Short (Sh Barn) the B string, with Rebecca Sleaf (Basingstoke) coming 5th in the 1500m A

The 3000m saw Hannah Howard (Eastleigh RC) A, and Georgie Lavery (Havant) B, each score 5th place finishes.

In the 2k Steeplechase Amy Bream (Havant) finished a creditable 3rd in 7.33.70.

The Field events saw Claudia Cabbage (CoP) come 5th in the Pole Vault with 2.40m, and Gemma Finch (Basingstoke) sail out to 5.27m for 3rd in the Long Jump, she also cleared 1.60m for 5th in the High Jump A, with Chrissy Parsons (Unattach) winning the B string. Kamela Monk was 6th in the Triple Jump

The Throws were covered by Ros Stansbury (CoP) - Shot A 5th, Discus A 6th, and Hammer A 5th. Claudia Cabbage - Shot B 4th, Discus B 6th. Sarah Ellis (Soton) – Javelin A 4th, and Emma Broadley (AFD) - Javelin B 2nd.

The 4x100m relay quartet came 4th, and the 4x400m squad took 3rd place.

The Hampshire Women's Team finished 5th.
(Aggregate 6th with the Men's Team)

David Churcher
(Team Manager)