

## Cross Country Report to AGM March 2016

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The Senior Womens Team at the CAU Inter Counties in March 2015 finished in 2<sup>nd</sup> Place with excellent performances from Louise Damen (2<sup>nd</sup>) and Louise Small (6<sup>th</sup>) Later in the day the U20 Womens Team were also medallists finishing in 3<sup>rd</sup> Place. In that race Carmen Sanchez was 11<sup>th</sup> Freya Davis 20<sup>th</sup> Rebecca Howard 23<sup>rd</sup> and Carla Plowden-Roberts 32<sup>nd</sup>.

In December at the SEAA Inter Counties match the Senior Women Teams finished in 6<sup>th</sup> Place. Individual positions Seniors Kathy Bailey 14<sup>h</sup> Clair Arnold 16<sup>th</sup> Kate Towerton 28<sup>th</sup> and Laura Brenton 29<sup>th</sup>. Unfortunately we were unable to field a team for the U20 age group

The Senior Men at Cofton Park Birmingham finished 8<sup>th</sup> from 31 teams with Alex Teuten being our highest finisher in 19<sup>th</sup>.

The Under 20s at that venue were 9<sup>th</sup> team with individual performances of Calum Upton 57<sup>th</sup> Matthew Arnold 59<sup>th</sup> Abdi Mahamed 65<sup>th</sup> and Stephen Simpson 86<sup>th</sup>.

This years UK CAU Champs will be on the 12<sup>th</sup> March again at Cofton Park when we again hope to do well.

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