

UK COUNTIES ATHLETIC UNION

President: Peter Matthews

Championship Secretary

Sandra White

Sandrawhite13@sky.com

<http://www.ukcau.co.uk> website

ENGLAND ATHLETICS

Championship Secretary

Andrew Day

Dear Colleague,

U.K. Inter Counties Union Athletics Championships *Together with* **England Senior Athletics AAA Championships**

I wish to inform you that the 2017 UK Inter Counties & England Track & Field Championships, sponsored by Bedford Fusion, New Balance, England and UKA will be held at the Bedford International Athletic Stadium, Barkers Lane, Bedford, on 29th & 30th July 2017.

Each County / District / Regional Association is invited to enter two athletes per event, providing the athlete has entered the England Championships in the normal way and they have met the required entry standard. Counties do not have to declare which is the scoring athlete as the athlete with the better performance on the day will be the scoring athlete. **Team Managers will have access to entries to see which of their athletes have entered the England Championships for their selection process. All athletes must have entered the England Championships be a registered athlete and paid the relevant entry fee.**

CAU Medals and England Medals will be awarded to 1st 2nd & 3rd Athletes.

All the following conditions of entry and competition rules will be applicable to both UKCAU and England where necessary.

1. No invitation events, only England and County Competitors
2. Seeding will be done in line with England Athletics Championship Seeding Guidelines.
3. Team Managers will be able to select from the drop-down box from the list of entered athletes and the team selected athletes with the best performance on the day will score the team points. All athletes will be allocated to the County they declare on their entry form. Any team manager who wishes to enter an athlete just below the standard can contact me at sandrawhite13@sky.com and I will look at their PB and entry numbers, we are doing this to encourage athletes just below standard to enter.
4. To enable all spectators to see which county athletes are all will have their county on the bib number

5. Team Entries will be an online entry system. <http://ukcau.athletics-uk.org> Team Managers will need to email me at Sandrawhite13@sky.com and I will give you details of how to access your team entry forms. These need to be in by midnight on the Friday 14th July. Each Team Manager will be allocated their log in details. The entry closing date is 14th July and team managers will have an extra 24 hours to finalise their teams. No additions will be allowed after this date.
Team changes will be allowed on the day but only on a like for like basis. This change has to be made by a Team Manager 60 minutes before the event time on a change slip from registration desk. Team managers can only choose from entered athletes.
Any athlete who turns up without the Team Manager having made the change will not be allowed to compete. Athletes must collect their numbers 90 minutes before the relevant event time. **Under no circumstances will any number be issued after this time with the exception of changed athletes.** Any Team Manager who does not have access to a computer will be able to send in a paper copy, only by previously having asked competition secretary and sent to me by 7th July. If any team manager has any queries or problems, please contact me on any of the phone numbers listed or by email.
6. We will be using stadium blocks only
7. UKA rules will apply
All field events will be finals; all athletes will have 3 trials and the top 8 will have a further 3 trials.
8. If numbers are sufficient in the Men's and Women's 400m we will go to heats and semis on the Saturday and finals on the Sunday. If not sufficient numbers finals will be at semi final time.
9. Personal equipment must be handed in 90 minutes before the relevant event time.
10. The walks will be a 3K for men and women, at the request of the Walks Committee there will be separate competitions.
11. Within the league structure 2 teams will be promoted and 2 relegated.

Your attention is drawn to the conditions of entry:-

1. Please make sure all your athletes are aware of the competition reporting times, we will not accept "I did not know or Team Manager never told me".
2. Athletes best performance must be recorded on the entry form. All athletes must report 90 minutes before the start of their event. Substitutions will be allowed on the day, but **no additions** will be allowed after the closing date. All athletes must be registered with England Athletics and any athlete who does not supply their registration number and has not paid their registration fee will have their entry refused.
3. Any **substitutions must be made 60 mins** before the start of the relevant event time.
4. All athletes should wear a club County/Regional or National Vest. Any athlete entered by their county team manager must make every effort to have a county vest as all athletes in the cross country had the correct vest so there is no excuse for Track & Field.
5. Team Managers are asked to note that competing athletes are requested to declare individually to the Competitors Steward, no later than 90 minutes before the start of their event. Each athlete will have a unique number.

6. Any queries on results must be handed in within 30 minutes of the published result and by the Team manager in writing.
7. All Athletes must report individually and enter by the small door to the right of reception where they will be given an entry ticket. They must then report to the registration table where they will be given their bib number.
Athletes who are being substituted for a listed athlete: the Team Manager must fill in a substitution form and the Team manager will be given this athletes entry ticket.
Team Managers will collect their entry ticket in the same way as athletes. Team Managers listed on the entry form will have free admission. Counties will be allowed 1 extra Team Manager for Men and 1 extra Team Manager for Women. Please let me have the names of any extra Team Managers, these will also have free admission.

Please make sure your athletes know the path to follow

1st report and collect entry ticket

2nd go to registration desk and collect bib number

3rd we are operating a final call system and all athletes must report and go through final call. A timetable of reporting times will be displayed on the walls around the warm up area at Bedford. Please also inform your athletes that all electrical equipment including walkmans, ipods and mobile phones are not permitted to be taken into final call or on the track under any circumstances. It would be advisable for all athletes to leave any electronic device with Team Manager or family and friends. We do not have facilities to confiscate and save securely.

NOTICE TO COMPETITORS

The meeting is organised and run under UKA Rules.

Competitor numbers must be worn front and back throughout the competition, apart from High Jump and Pole Vault where only one number need be worn.

Competitors will be excluded from competing unless properly attired.

The Referees reserve the right to make any alteration that may be necessary to the published timetable.

Declarations will close 90 minutes before the scheduled time of the event. No athlete will be allowed to collect their numbers after the closing time, and therefore, will not be able to compete in that event. The only exception will be substituted athletes providing the Team manager has filled in a substitution form.

Call Room reporting times will be displayed in the warm area at Bedford, as a general rule Pole vault and High Jump reporting will be 60 mins before, all other field events will be 30 mins before, hurdles 25 mins and all other track events 20 mins before the start time.

If the first round of an event which is schedule to progress directly to a final is cancelled the final will be held at the scheduled time of the first round. In events up to and including 400 metres where scheduled semi-finals are cancelled the final will be held at scheduled time of the semi-final.

Qualification from preliminary heats for 100m, 200m, 400m, and all hurdles events will be as follows:

If 2 heats held then first 3 and 2 fastest losers to final.

If 3 heats held then first 2 and 2 fastest losers to final.

If 4 heats held then first 3 and 4 fastest losers to two semi finals.

First 3 from each semi final and 2 fastest losers will proceed to final.

If 5 heats held then first 4 and 4 fastest losers to three semi finals.

First 2 from each semi final and 2 fastest losers will proceed to final.

Starting Heights and Progressions for High Jump and Pole Vault competitions will be:-

Men's High Jump 1.80, 1.90, 2.00, then 5's

Men's Pole Vault 3.95, 4.15, 4.35 then 10's

Women's High Jump 1.45, 1.55, 1.65 then 3's

Women's Pole Vault 2.80, 3.00 3.20 then 10's

Take off Boards to be used for the Triple Jump competitions will be:-

Women's Triple Jump 9 & 11 metre board

Men's Triple Jump 13 metre board only

(Note: If heats are scheduled and there are insufficient competitors registered, the final will be run at heat time.)

Should you have any queries concerning entry conditions, please do not hesitate to contact the undersigned.

Yours sincerely

Sandra White
Championship Secretary UKCAU
Sandrawhite13@sky.com
35 McIntyre Road
Stocksbridge
Sheffield S36 1DG

07752675805

01142 884425

Andrew Day
Championship Secretary England
aday@englandathletics.org
Athletics House
Alexander Stadium

Perry Barr
Birmingham B42 2BE