





# Provisional Timetable

Write the event numbers and the names of those events you wish to enter, together with your best performances, in the boxes on the entry form. All times shown are provisional and are to help you plan entries. The actual times (but not the day) may be changed depending on the numbers entering. The starting heights for High Jump and Pole Vault are shown for each age group. Subsequent progression will be 5cm for High Jump and 10cm for Pole Vault.

UNDER 13 BOYS			UNDER 15 BOYS			UNDER 17 MEN			UNDER 20 MEN			SENIOR MEN					
Time	Event	Event No.	Time	Event	Event No.	Time	Event	Event No.	Time	Event	Event No.	Time	Event	Event No.			
<b>SATURDAY</b>			<b>SATURDAY</b>			<b>SATURDAY</b>			<b>SATURDAY</b>			<b>SATURDAY</b>					
11.40	200m	HEATS 2	10.00	Long Jump	— 33	10.00†	400m Hurdles	HEATS 49	10.00†	400m Hurdles	HEATS 69	10.00†	400m Hurdles	HEATS 89			
12.30	2000m Walk	FINAL 10	11.40	200m	HEATS 22	10.00	Pole Vault (2.90m)	— 52	10.00	Pole Vault (2.90m)	— 72	10.00	Pole Vault (2.90m)	— 92			
13.00	Javelin	— 18	12.30	3000m Walk	FINAL 30	10.00	Long Jump	— 53	11.40	200m	HEATS 62	11.40	200m	HEATS 82			
13.15	200m	SEMI-FINALS‡	13.15	200m	SEMI-FINALS‡	11.40	200m	HEATS 42	12.25†	400m Hurdles	FINAL —	12.25†	400m Hurdles	FINAL —			
13.15	Long Jump	— 13	13.20	3000m*	FINAL 26	12.25†	400m Hurdles	FINAL —	12.30	3000m Walk	FINAL 70	12.30	3000m Walk	FINAL 90			
14.35	800m*	HEATS 4	14.35	800m*	HEATS 24	12.30	3000m Walk	FINAL 50	13.30	800m	HEATS 64	13.30	800m	HEATS 84			
15.05	200m	FINAL —	15.05	200m	FINAL —	13.00	Discus	— 56	14.30	Discus	— 76	14.30	Discus	— 96			
15.45	Discus	— 16	15.45	Discus	— 36	13.15	200m	SEMI-FINALS‡	15.05	200m	FINAL —	15.05	200m	FINAL —			
16.00	1500m*	HEATS 5	17.30	800m*	FINAL —	13.30	800m	HEATS 44	16.00	Javelin	— 78	16.00	Javelin	— 98			
<b>SUNDAY</b>			<b>SUNDAY</b>			<b>SUNDAY</b>			<b>SUNDAY</b>			<b>SUNDAY</b>					
10.00	Pole Vault (1.60m)	— 12	10.00	Pole Vault (1.60m)	— 32	16.00	Javelin	— 58	16.30	Long Jump	— 73	16.30	Long Jump	— 93			
10.15	100m	HEATS 1	10.15	100m	HEATS 21	16.10	800m	FINAL —	16.40	3000m	FINAL 66	16.55	5000m	FINAL 86			
12.50	100m	SEMI-FINALS‡	10.30	Hammer	— 37	16.40	3000m	FINAL 46	<b>SUNDAY</b>			<b>SUNDAY</b>					
13.35	75m Hurdles	HEATS 8	11.00	Triple Jump	— 34	<b>SUNDAY</b>			09.30	Hammer	— 77	09.30	Hammer	— 97			
14.30	100m	FINAL —	11.55	300m	HEATS 23	10.15	100m	HEATS 41	10.15	100m	HEATS 71	10.15	100m	HEATS 81			
14.30	High Jump (1.10m)	— 11	12.15	Javelin	— 38	10.30	Hammer	— 57	10.45	High Jump (1.40m)	— 71	10.45	High Jump (1.40m)	— 91			
14.30	Shot	— 15	12.50	100m	SEMI-FINALS‡	10.45	High Jump (1.40m)	— 51	12.10	400m	HEATS 63	12.10	400m	HEATS 83			
16.00	1500m*	FINAL —	13.05	1500m	HEATS 25	12.10	400m	HEATS 43	12.45	Shot	— 75	12.45	Shot	— 95			
16.10	75m Hurdles	FINAL —	13.45	80m Hurdles	HEATS 28	12.45	Shot	— 55	13.05	1500m	HEATS 65	13.05	1500m	HEATS 85			
16.15	800m*	FINAL —	14.30	100m	FINAL —	12.50	100m	SEMI-FINALS‡	14.05	110m Hurdles	HEATS 68	14.05	110m Hurdles	HEATS 88			
<p><b>* PLEASE NOTE</b> Under 13 athletes may not compete in 800m and 1500m races on the same day. U15B athletes may not compete in both 800m and 3000m.</p>			14.30	High Jump (1.10m)	— 31	13.05	1500m	HEATS 45	14.30	100m	FINAL —	14.30	100m	FINAL —			
			15.45	300m	FINAL —	13.55	100m Hurdles	HEATS 48	14.45	Triple Jump	— 74	14.45	Triple Jump	— 94			
			16.00	1500m	FINAL —	14.30	100m	FINAL —	14.45	Triple Jump	— 54	15.00	2000m S'chase	FINAL 67	15.10	3000m S'chase	FINAL 87
			16.00	Shot	— 35	14.45	Triple Jump	— 54	15.50	400m	FINAL —	15.50	400m	FINAL —	15.50	400m	FINAL —
			16.10	80m Hurdles	FINAL —	14.50	1500m S'chase	FINAL 47	16.10	110m Hurdles	FINAL —	16.10	110m Hurdles	FINAL —	16.10	110m Hurdles	FINAL —
						16.10	80m Hurdles	FINAL —	15.50	400m	FINAL —	16.30	1500m	FINAL —	16.30	1500m	FINAL —
						16.00	1500m	FINAL —									
						16.10	100m Hurdles	FINAL —									

† NOTE: If heats are not required in the 300/400m HURDLES events, the finals will be scheduled at 10.00.

‡ Semi-finals will only be scheduled if 4 or more heats are required.

# **1500m Steeplechase for Senior, Under 20 and Under 17 Women (County Championship and Open event)**

**Saturday 13 May 2017**

**Mountbatten Centre, Portsmouth at 15.25\*** (\*subject to scheduling requirements)

This Women's Steeplechase was incorporated in the main championships in 2009 as a County Championship and Open event and will be continued as an open event in conjunction with the Hampshire Athletics Track & Field Championships. It is open to all athletes whether or not they have Hampshire qualifications.

**Entry fee for the Hampshire Athletics Track & Field Championships event: as for other Championship events**

**Entry fee for the open event (i.e. for those without Hampshire qualifications):       £10**

**For the open event, please use the Championships entry form but indicate that you are not Hampshire qualified.**