

CCSO Update – December 2016

Here we are on the cusp of 2017 and the Summer of World Athletics. It promises to be a very exciting and inspiring year for everyone in our sport.

World ParaAthletics Championships14 - 23 July

IAAF World Championships4 - 13 Aug

- **EA News**

The latest edition contains news of the England Athletics Strategy- Athletics and Running: for Everyone, Forever. Strategic Plan: 2017 and Beyond. [Click here](#) for information plus news on AAAs grants and the new Physical Preparation Workshops (which we are holding in the region on 19th March). It also contains information on the AAAs grants for athletes under 23.

- **Coach Development Opportunities**

Coach development opportunities complement the formal coach education structure and keep you up to date with new methods and research.

The Movement Skills Workshops have been very well received this year. As I write, I am hoping to add a new Workshop 1 and 2 in Hampshire in the New Year. Also please note that I have added Physical Preparation-Movement, Mobility and Performance (Workshop 3) to the programme on 19th March. This will be of particular interest to any coaches and leaders who have attended Workshop 1 and 2.

There will also be a Sports Coach UK Talent workshop - Talent Across the Ages. Coaches can book into the morning workshop and then select one of three workshops in the afternoon to suit their interests.

Date	Workshop	Location	Tutor	Booking link
Sunday 12 th February 10am-4pm	Movement Skills 2	Oxford	Garry Power	https://www.ulearnathletics.com/moduleEvent/84111
Sunday 19 th March 1.30- 4.30pm	Throws Technical Day	TVAC, Eton	Bronwin Cater and Garry Power	http://www.ulearnathletics.com/moduleEvent/84134
Sunday 19 th March 1.30- 4.30pm	Jumps Technical Day	TVAC, Eton	Carol Jackson and Guy Spencer	http://www.ulearnathletics.com/moduleEvent/84147
Sunday 19 th March 1.30- 4.30pm	Talent Across the Ages (A Sports Coach UK Workshop)	TVAC, Eton	tbc	This will be arranged with Get Berkshire Active
Sunday 19 th March	Physical Preparation-	TVAC, Eton	Garry Power	https://www.ulearnathletics.com/moduleEvent/8

9.45-12.45pm	Movement, Mobility and Performance Workshop			4660
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You can also find all the courses on Facebook. Here is the link to the Education and development page on facebook to send over to coaches to like. This has all the information on development workshops.

<https://www.facebook.com/ECoachdevelopment/?ref=bookmarks>

- **Coaching and Officiating Courses**

Course are being added all the time as our Education Coordinators finalise the dates, venues and tutors so do check regularly on www.englandathletics.org/courses

Course	Code	Date	Venue	Closing Date	Application process	Price for affiliated club members
Leader in Running Fitness	SC1064	29/1	Furze Platt Leisure Centre, Furze Platt Road, Maidenhead, SL6 7NQ	13/1	To book online please click here	£140
Leader in Running Fitness	SC0988	4/2	Wyvern College, Fair Oak, Hants	20/1	FULL	£140
Leader in Running Fitness	SC1062	5/2	Fleming Park LC, Passfield Avenue, Eastleigh	20/1	To book online please click here	£140
Coaching Assistant	SC0989	4 and 5 /3	Wyvern College, Fair Oak, Hants	17/2	To book online please click here	£185
Athletics Coach	SC1042	10 and 11/2*	Bracknell LC, Bagshot Road, Bracknell, Berkshire RG12 0TQ	27/1	Download booking form here	£255
Officials Courses, Level 1 Track, Field, Timekeeper and Stater Marksman plus Health and Safety Module	various	19/3	Bourne Academy, Hadow Rd, Bournemouth, Dorset, BH10 5HS	6/3	Download booking form here	£10 + £30 for Health and Safety Module

Road Traffic Management	STM0020	14/1	The Pavilion, Braywick Park, Braywick Road, Maidenhead, Berkshire, SL6 1BN	23/12	Download booking form here	£70
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*Day 3: 26th March 2017, Day 4: 24th September 2017

There are also plenty of courses in London and other areas
www.englandathletics.org/courses

- **Welfare**

The world of sport has been stunned by the revelations of widespread child abuse in football in the 1980s. It's timely for clubs to check that they are familiar with England Athletics Welfare policies which can be accessed at

<http://www.englandathletics.org/athletics-clubs/i-help-to-run-a-club/welfare-everyones-responsibility/welfare-everyones-responsibility>

Advice and support regarding any welfare issues can be obtained by contacting the England Athletics Welfare Officer who is Jane Fylan at jfylan@uka.org.uk or call on 0121 713 8450.

- **Clubmark**

Clubmark has changed! It's now online and clubs can start the process by accessing the Clubmatters website at <http://www.sportenglandclubmatters.com>
This is a standard version used by most sports.

- **Satellite Clubs**

Thank you to all clubs who reported back on latest numbers attending your satellite clubs. There are 18 satellite clubs operating this year, helping clubs to work through their waiting lists or run new sessions.

- **Good Nutrition for Endurance Running**

The Surrey Athletics Network is working in partnership with Active Surrey and England Athletics to present an evening for Endurance coaches and leaders plus interested runners.

The event is on Wednesday 1st February at Quadrant Court in Working from 7.30-9.30pm. The fee is £5.00.

Join us for an audience with Peta Bee discussing the benefits of good nutrition for improved performance. This evening is designed for adult runners of all levels and ability, coaches and Run Together Leaders. Peta Bee is an award-winning journalist with degrees in sports science and nutrition. She writes weekly for The Times and is performance editor of Athletics Weekly. Peta won the UK Medical Journalists' Associations freelance of the Year award in 2008 and 2012 and is the author of 7 books, including the best-selling Fast Exercise, co-authored with Dr. Michael Moseley.

<https://online.surreycc.gov.uk/esuite/esuite.nsf/openonlineform?openagent&fcuid=2A6B6C13560AA2CB8025777400588D56&evunid=0F0FD5BE002DAF5680258083003DF3F2>

- **Active Surrey Club & Coach Conference 2017**

Save the date for **Sunday 12 March 2017** in Leatherhead. Active Surrey are pleased to present a range of workshops to support and inspire club committees and coaches.

A reduced rate applies to all clubs and coaches who book for this event before the end of December 2016. Early bird bookings are now open for only £ 40.

Find out more.

<http://www.activesurrey.com/events/conferences/surrey-club-and-coach-conference>

- **Energise Me Awards (Sport Hampshire and Isle of Wight).**

The Energise Me Awards 2017 are now open for nominations. The awards recognise commitment, performance and excellence across physical activity and sport. The wide range of categories ensures that recognition is given to elite performers as well as teams, clubs and stalwarts of the local sporting community, such as coaches, officials and volunteers who work tirelessly behind the scenes to help athletes clubs and activities to succeed. There are 11 categories in total, which include:

Categories are as follows;

- Club of the Year
- Coach of the Year
- Volunteer of the Year
- Junior Sports Person
- Senior Sport Person
- Official of the Year
- Outstanding Achievement
- Energise Me – Making a difference
- Team of the Year
- Active Workplace
- Service to Sport

Anyone can nominate and the closing deadline for nominations is **TUESDAY 31st January 2017**. For full details including category criteria and access to the online nomination forms please visit www.energiseme.org/news-events-courses/sports-awards Please note the nomination form has capacity to allow nominators to nominate in a number of categories within the same submission.

- **Energise Me Safeguarding Forums**

Energise Me, led by the Satellite Clubs initiative, are running three safeguarding forums during February/March 2017 which will be delivered to community sports clubs/delivery agencies in Hampshire & IOW.

These **free of charge** safeguarding forums will develop current knowledge of safeguarding best practice by covering 'grey areas' that:

- Explore the safeguarding/welfare responsibilities of both the school/community facility and club in the delivery of satellite clubs. Highlight

the areas where there is potential for conflict and the assumptions that clubs and schools often make.

- Provide organisations with the tools so they can feel confident in their responsibilities and liabilities and most importantly guarantee the safety and welfare of the young people involved.
- Attendees will be provided with a Partner Check and Challenge Tool and guidance notes to use with their partner organisations. It is expected that they will have already attended safeguarding training, have the expected safeguarding policies, procedures and the relevant paperwork in place for their club.

The forums will be led by Sarah Taylor. Sarah is an Energise Me Safeguarding Champion and a safeguarding governor in a primary school for seven years. Sarah has written welfare plans, risk assessments, for sports organisations and events, school volunteer safer recruitment and induction handbooks as well as comprehensive manuals around safeguarding and good practice to establish a holiday sports camp. Sarah is also currently the Event Manager for the Berkshire School Games leading on Safeguarding, Welfare and Health & Safety. She was previously a child protection/safeguarding tutor for Running Sport/scUK.

The forum dates, times, locations and links to register are as follows:-

Wednesday 15th February 2017, 7pm - 9pm; WINCHESTER – Bar End Sports Stadium, Milland Road, Highcliffe, Winchester, SO23 0QA.

Register here: <https://winchestersafeguarding.eventbrite.co.uk>

Thursday 16th February 2017, 7pm – 9pm; RUSHMOOR - Village Hotel Farnborough, Pinehurst Road, Farnborough Business Park, Farnborough, GU14 7BF.

Register here: <https://rushmoorsafeguarding.eventbrite.co.uk>

Thursday 2nd March 2017, 7pm – 9pm; PORTSMOUTH - Queens Hotel, Clarence Parade, Southsea, Portsmouth, PO5 3LJ.

Register here: <https://portsmouthsafeguarding.eventbrite.co.uk>

The RSVP deadline for all forums is **12pm, 20th of January 2017.**

If you have any questions or queries regarding these forums, then please do not hesitate to get in touch with me on my contact details below.

- **Get Berkshire Active News**

Get Berkshire Active are looking to create/support a *new cohort of Berkshire Run Leaders*, ideally with x2 from each LA area. GBA can offer a 25% bursary for leaders to take their [Leadership in Running & Fitness Course](#), which is priced £160 or £140

for England Athletics affiliated members.

They have reserved 12 spaces on a Leadership in Running Fitness Course which will be taking place in Maidenhead on Sun 29th January. Get Berkshire Active will continue to support the Leaders and provide them with access to a free 'Behaviour Change' workshop in February and a 'Run Leaders Forum' on Wednesday 15th March (bringing together existing & new Leaders) which will feature local Olympian Shelayna Oskan-Clarke and a Sports Injury prevention session.

Bursaries are available for coaching courses <http://getberkshireactive.org/1428/get-into-coaching/coaching-bursary/>

You can contact me for support or for further information on any topic in the newsletter on 07968 498708 or cbenning@englandathletics.org

Club Matters Update

Dear All

Welcome to 2016's final monthly progress update on [Sport England's Club Matters](#). With Christmas fast approaching, you may have noticed that we are running a #ChristmasCountdown social media campaign, so please do support any posts you see by sharing them wider.

December Update

Our monthly Webinar series 'Club Matters navigation of tools and resources' continues to run and we are welcoming clubs to join these sessions. If you'd like to promote these short webinars to you Clubs we are very happy to draft the promotional information for you.

- 10.30am – 12pm, Friday, 6th January 2017
- 10.30am – 12pm, Tuesday, 7th February 2017

If you, your colleagues or clubs would like to attend one of these monthly Webinar sessions, simply [click this link to sign up](#). Please note that to receive the details for the Webinar sign in, each attendee will need to register for the session from a separate Club Matters account.

We've created a new interactive guide to VAT

We know that understanding tax and its implications can be a real challenge for many clubs, which is why we've launched some new VAT guidance. The guidance is designed to your clubs understand the basics of VAT, know when they should register for VAT and under what circumstances they may be exempt or can claim it back. This is particularly important for clubs who are planning or currently undergoing a capital project.

Please take a look at the guidance [here](#) and ask Clubs to tweet us at [@ClubMatters](#) to let us know how they find the new content!

Free promotion available for your clubs

The '[Catch up with clubs](#)' section of the Club Matters website are full of real-life stories from clubs and our new [Club Matters You Tube](#) channel also hosts a range of videos from clubs, CSPs and Club Matters all about how and why to access the resources. Each of these shows real life clubs sharing their experiences of Club Matters and how it has helped them to improve their club – we also have some [regular bloggers](#) who share their Club Matters story.

We are always keen to hear how your clubs are using Club Matters and the impact on their

development. If you have any clubs who would be interested in sharing their success stories then do get in touch at clubmatters@sportengland.org and your clubs could be featuring on the Club Matters website to gain some free promotion.

Content for your newsletters

This month we have included a short story on our new VAT guidance, as well as our new toolkit for ensuring clubs are LGBT inclusive.

Look forward to hearing from you soon,

Many thanks,
The Club Matters Team

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 www.facebook.com/sportenglandclubmatters

 clubmatters@sportengland.org

 www.sportenglandclubmatters.com

Free and practical help for sports clubs.

