



HAMPSHIRE ATHLETICS - EXECUTIVE COMMITTEE MEETING held on:-

17 May 2019. 7.30pm

**Meeting Room, Places Leisure Centre,
Passfield Avenue. Eastleigh SO50 9NL**

Members present

M Neighbour (Chair), S Burton (President), R Dean (Treasurer), S Horsewood, R Pearson, E Williams, T Williams, D Churcher, P Rogers

Apologies

M Williams, C Quinn, P Farres, P Newton, M Axtell

Minutes of Last Meeting – 11 January 2019

Agreed

Matters Arising from this Meeting

Circulated and read. It was asked if the Minutes may be received a little earlier, perhaps closer to the date of the meeting.

Secretary's Report and Correspondence

None

Treasurer's Report

Report circulated. Some notes, the England Athletics Grant will be applied for when all outstanding invoices have been paid in connection with the County Championships. Steve Squires has sent Richard the Hampshire Schools' accounts as per January 11th Minutes. Richard does not however appear to have received the invoice/s for the First Aid provision that the County agreed to pay.

Development Matters

Kevin Way and Jo Cridland organised a development coaching day at Winchester Athletics track on March 31. 52 athletes signed up and athletes contributed £15 per head towards the hire of facilities/ coaches' expenses/ admin costs. Richard Dean developed a system of setting up an email account for correspondence and banking which worked really well. The remaining costs were given by HAA The Discus group had to be cancelled due to the cage being unusable.

Coaches were asked to cover effective warm up, correct stretching for event specifics. This was with each coach with their own groups.

This led to a gradual jog warm up. Grass area around the stadium available so not all track based if those sessions wanted to use it. Coaches were asked to look at and highlight importance of injury prevention by effective warm up/ stretching etc for this young age group! Some coaches used indoor areas for technical sessions.

All these things could be done partly by discussion in group as well as on during sessions and drills.

The importance of cool down /warm down again injury prevention was included.

In order to minimise both sessions being just running, jumping or throwing coaches were asked to cover effective diet for their event on competition or training days. The what and more importantly the when, pre-race etc. What if heats/ pools and finals in same day, or multi eventing. How do you manage this as an athlete? Importance of recovery both within a training session and in general. Days to recover, build up to important races, tapering down. Social factors of how to manage school work, friends, other sports and interests KEY with this age group as often not just athletes.

Whichever of these not done in the morning could be followed up in afternoon session.

Athletes were given a choice of events in the afternoon, they could change event if they wished.

All were given a list of club contacts as per the HAA webpage.

A plenary session was held at the end and an evaluation sheet was given to all.

It is hoped to follow up with 2 events next year, one in the Autumn and one in the Spring.

Maybe opening the sessions up to teachers/ coaches wanting to observe some of the coaches and their imparting of technical knowledge.

In conclusion many thanks go Jo, Kevin, for organising, Richard for the admin, Rafer Joseph, Tony Bateman, ?Callaway, Andy Sleaf, Dave Vossier and John Davis the coaches. Bronwin Carter was asked but withdrew due to illness.

It is hoped to run this again next year.

Richie Pearson asked if a letter of thanks could be sent to Jo and Kevin for their work. Mike Neighbour agreed to send one.

Cross Country Championships

The date has been confirmed as 4th January 2020. Jon Osman and Colin Goater are still keen to be part of the organisation, we are just waiting for contact from Fairthorne Manor, which usually happens in

Multi Events Championships & Quad Kids - 2019

At the start of the evening, the Chairman thanked Stuart on the success of both this meeting and the main Championships.

The walks were moved to the Multi-Event Day with some success. There were 17 entries.

The Chief Walks Judge was happy about the change. Although the shorter distance of 2,000m seemed not to have any reference in UKA literature, Terry commented that the Chief Walks Judge, Verity Snook had been consulted. Ambulant athletes had been accommodated on the track with 100m and 200m races advertised, but none had entered.

Track & Field Championships – 2019

The confusion over the possible clash with BAL fixtures did not seem to affect the majority of entrants at the Championships. One point raised was that the people due to be selling merchandise (T-shirts and Hoodies), did not return on Sunday, causing annoyance. As a result Mike Neighbour has taken delivery of boxes of clothing, which Stuart will take and try to match orders.

Team Managers Reports

Nothing to report as the selection process for County representation is ongoing. To note, a request for a Senior Mens T/F Team Manager at the Championships generated some interest. A reply may be forthcoming.

Hampshire Schools Report

The cross Country season concluded with the English Schools with a 3rd place team for Hampshire Senior Boys led by Lachlan Wellington in 5th place. Isobel Hinkley was a superb 4th in the In the Inter Girls and the Senior Girls won the Trophy for the first 8 in. Overall the boys were 4th and the girls 6th. Full results are on the ESAA website. The final event was the Inter County for U13/14 in Sussex. There was a win for Hampshire in the U13 boys. Results are on the Hampshire website.

The Track and Field season is underway with various District events and the Track and Field Cup. Robert Mays and St Swithun's won the local round on Tuesday and will progress to the Regional Finals.

The Pentathlon is next Thursday at Andover and my thanks go to all the coaches who have brought this to the attention of appropriate athletes. Entries close on Monday but so far I have 42 entries over the 4 age groups.

The self-registration for English Schools is not yet open but, when it is, I will ask Richard to put a notice on the website. Please ask your athletes to do this if they have an ESAA standard

as selection will be very tight as we already have over 60 athletes with the standard and can only take 70.

Eileen Williams

The acting Secretary of HS will liaise with Richard at the HS Championships on June 8th.

Technical Officials Report

All Appointments made and on website. Multi Events etc well supported by Officials and 17 entries for Walks meant the move was a success. Thanks to our 3 Walks Judges, one was coming in from Oxford.

Main Championships also well supported by Officials including a number from Jersey for experience. Not affected by the BAL shambles. First day had a few problems but managed to finish on time and Sunday ran very well with no real problems. The smooth running was in no small way due to keen young John Bream who ran the Seeding Sheets around for the two days. We have sent him a small gift in thanks.

We have also received two emails from Jersey thanking all our Officials for their help and advice. Meeting Reports are in hand with the Chiefs/Referees and will be summarised in due course.

However we have also had a complaint from City of Portsmouth AC which we will discuss later at this Meeting.

Eileen & Terry Williams Jt Technical Officials Secretaries.

After the report from the Joint Officials Secretaries was read, there was some further discussion on the complaint from City of Portsmouth AC against officials over an incident of DQ in a race. A very distressing e-mail has been received, couched in quite threatening terms. The Executive agreed that a letter be sent to the Committee of COPAC concerning the e-mail, which Stan agreed to write. We also supported the suggestion that a copy of the e-mail be forwarded to David Brown at UKA, who is currently aware of behaviour of athletes from that club in previous meetings.

Road Running Report

No report

Sports Hall Report

It is the closed season for Sportshall.

Any Other Business

Apologies offered for the next meeting from Eileen and Terry

Meeting Closed 2052

Dates of next meetings:-

12 July 2019

13 September 2019

8 November 2019

10 January 2020

Hampshire Athletics website: - www.hampshireathletics.org.uk