



Hampshire Athletics
**CROSS-COUNTRY
 CHAMPIONSHIPS**
 6 January 2024
ENTRY FORM

Please write your name, address, etc, in Part 1 THEN: For a single entry, complete Part 2, OR: For multiple entries on this form complete Part 3 overleaf. You can enter all age groups on the same form provided that the event entered by each competitor is clearly shown.

Timetable

10:15	Under 11 Boys	(Teams: 4 to score)	2,000m
10:30	Under 11 Girls	(Teams: 4 to score)	2,000m
10:45	Under 13 Boys	(Teams: 4 to score)	3,300m
11:00	Under 13 Girls	(Teams: 4 to score)	3,300m
11:15	Under 15 Boys	(Teams: 4 to score)	3,900m
11:35	Under 15 Girls	(Teams: 4 to score)	3,900m
12:00	Under 17 Men	(Teams: 3 to score)	6,200m
12:00	Under 17 Women	(Teams: 3 to score)	6,200m
12:30	Under 20 Women	(Teams: 3 to score)	8,500m
12:30	Senior Women	(Teams: 4 to score)	8,500m
12:30	Veteran Women	(Teams: 4 to score)	8,500m
13:30	Under 20 Men	(Teams: 3 to score)	10,000m
13:30	Senior Men	(Teams: 6 to score)	10,000m
13:30	Veteran Men	(Teams: 4 to score)	10,000m

Presentation of trophies and medals will be made as soon as possible after each race.

Please note

No animals or pets of any kind, except guide and hearing dogs, are allowed anywhere in the grounds.

Smoking: YMCA Fairthorne Manor and grounds are a smoke free environment.

Parking: Parking for as many cars as possible will be provided in the grounds. We plan to arrange alternative parking within 15 minutes' walk of the course - please refer to website for details.

Race day notes

Parents and spectators: please bring suitable footwear!
Changing: some changing and showering facilities will be available. **Refreshments** will be on sale, provided by YMCA Fairthorne Manor. **First aid cover** will be provided.

Notes on entries

- All competitors must have Hampshire qualification: a. birth or b. nine months continuous residence or service in H.M. Forces prior to the date of the Championships, in Hampshire, the Isle of Wight or Channel Islands, and MUST NOT have competed for another county or in another county's championships during the current Competition Year.
- This is a Hampshire Club competition, and so unaffiliated runners will not be accepted. All athletes must be registered with England Athletics and be First Claim runners for their club.
- Age Qualification:**
Qualification Date for Under 11, Under 13, Under 15 and Under 17 age groups is 31st August 2023. Qualification Date for Under 20 age group is 31st December 2024* (*This date is the same as for the UK Inter-Counties Championships and ensures that all athletes taking part in the Under 20 races are eligible for Hampshire team selection.)

Male	Female	Must be born between
U11B	U11G	1 September 2012 - 6 January 2015†
U13B	U13G	1 September 2010 - 31 August 2012
U15B	U15G	1 September 2008 - 31 August 2010
U17M	U17W	1 September 2006 - 31 August 2008
U20M	U20W	1 January 2005 - 31 August 2006
SM	SW	on or before 31 December 2004
VM	VW	on or before 6 Jan 1984(M)/1989(W)

†All Under 11 competitors must be 9 years or over on the day of competition.

Note: Athletes wishing to compete in an older age group, e.g. U17 athletes in the U20 event, must specify clearly which age group is being entered.

- Veteran competitors** pay one entry fee and score in both Senior and Veteran age groups and teams.

Race number collection

Race numbers will be available for collection from the main admin marquee from 09:00.

Enquiries

email: entries@hampshireathletics.org.uk
www.hampshireathletics.org.uk
 Online entry at
www.hampshireathletics.org.uk/enter



DETACH FORM

Part 1
Name and address for correspondence

								Postcode	
Phone No.									
email									

Part 2
Individual entry (club entries overleaf)
BLOCK CAPITALS PLEASE

Surname									
Forename									
Date of Birth									
England Athletics Registration Number									
Club									

You agree that we may publish your personal information as part of the results of the championships and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, performances and age category.

**Entry fee: (Seniors and Vets) £12.00;
 (all other age groups U11 to U20) £10.00**

Members of clubs not affiliated to Hampshire Athletics must pay an additional fee of £2.00 per individual. See the Hampshire Athletics website for a list of affiliated clubs.

Make cheques payable to: Hampshire Athletics
Total entry fee enclosed £.....

Signature.....
Closing date for postal entries: Friday 22 December
 No entries guaranteed after this date.
 Please send entries to:
Pam Rogers (Championship Sec.)
99 Stride Avenue, Copnor, PORTSMOUTH, PO3 6HW

