





## Provisional Timetable

Write names of those events you wish to enter, together with your recent PBs in the boxes on the entry form.

**Grand Prix Timetable** – draft programme below. See [www.hampshireathletics.org.uk](http://www.hampshireathletics.org.uk) for final timetable when entries finalised:-

<b>Time</b>	<b><u>Track</u></b>	<b><u>Field (4 attempts for Throws &amp; LJ)</u></b> <i>First 15 entries will be accepted per Field Event (12 for HJ)</i>
<b>5.00pm</b>	<b>80m Hurdles</b> U15 Boys, U17 Women <b>75m Hurdles</b> U15 Girls	<b>High Jump</b> U13 Boys, U13 Girls <b>Shot</b> U13 Boys, U13 Girls
<b>5.30pm</b>	<b>800m</b> U13 Boys, U13 Girls	<b>Pole Vault</b> U15/U17/U20/Senior - Men & Women <b>Javelin</b> U15/U17/U20/Senior - Men & Women
<b>5.45pm</b>	<b>100m</b> U13 Boys, U13 Girls <b>100m</b> U15 Boys, U15 Girls <b>100m</b> U17 Men, U17 Women <b>100m</b> U20 Men, Senior Men <b>100m</b> U20 Women, Senior Women	
<b>6.00pm</b>		<b>High Jump</b> U15 Girls, U17 Women, U20 Women, Senior Women <b>Long Jump</b> U15 Boys, U17 Men, U20 Men, Senior Men
<b>6.30pm</b>	<b>800m</b> Paced Races U15/U17/U20/Senior - Men & Women	<b>Long Jump</b> U15 Girls, U17 Women, U20 Women, Senior Women <b>Shot</b> U15 Boys, U17 Men, U20 Men, Senior Men
<b>7.45pm</b>	<b>400m</b> U17 Men <b>400m</b> U20 Women, Senior Women <b>400m</b> U20 Men, Senior Men <b>400m</b> U20 Women, Senior Women <b>300m</b> U15 Boys, U15 Girls, U17 Women <b>200m</b> U13 Boys, U13 Girls <b>200m</b> U15 Boys, U15 Girls	<b>High Jump</b> U15 Boys, U17 Men, U20 Men, Senior Men <b>Shot</b> U15 Girls, U17 Women, U20 Women, Senior Women <b>Discus</b> U17/U20/Senior - Men & Women
<b>9.00pm</b>	<b>3000m</b> Paced Races U15/U17/U20/Senior - Men & Women <i>Athletes must have 'Power of 10' PB under 11 minutes</i>	